

DO YOU RECOGNIZE US? WE ARE:

YOUR DADS...YOUR BROTHERS...YOUR NEIGHBORS...YOUR CO-WORKERS...YOUR FRIENDS...



38,000 MEN - 104 EACH DAY (23 MILITARY) - DIE BY SUICIDE EVERY YEAR*

PLEASE JOIN US IN HELPING REDUCE THAT NUMBER



FACE IT®

WE ARE: FACE IT

Leveraging the power of peer support, Face It works with men to recover from depression and prevent suicide.

Face It is a unique, one of a kind organization focused exclusively on providing peer support for men dealing with depression, anxiety, PTSD, and a host of other mental health challenges.

In 2022 Face It provided over 16,000 hours of FREE peer support for men through:

- > Support Groups (currently 24 active groups serving nearly 250 men)
- > Retreats
- > Monthly Men's Breakfast
- > Social Engagement (Hikes, baseball games, broomball, golf outings)
- > Education Classes on topics such as Gratitude, Shame, and Journaling
- > In-person 1:1 support
- > Text, email, and phone support
- > Westrom Therapy Program
- > Public Education Events

Evidence shows and suggests men will not seek help for their mental health needs. Face It has demonstrated over and over an ability to engage and KEEP men coming back for help. And most importantly, Face It has shown hundreds of men the path to recovery and prevented suicides.

Please join us in our efforts to prevent suicide and help us continue to grow the services we provide by becoming a sponsor for our one and only fundraiser, *Alive at the Links*. Thank you!

To support Face It, contact executive director Mark Meier:
(p) 651-200-4297 (e) info@FaceltFoundation.org
www.FaceltFoundation.org/aatl

FACE IT 2023 GOLF FUNDRAISER



MONDAY
SEPTEMBER 11, 2023

Majestic Oaks Golf Club
701 Bunker Lake Blvd, NE Ham Lake, MN

SPONSORSHIP LEVELS

HERO: \$2,500

- 1 Golf Foursome (includes 4 banquet tickets for players)
- 4 additional banquet tickets for your guests
- Welcome banner with company logo
- Sign recognition throughout event

PARTNER: \$2,000

- 1 Golf Foursome (includes 4 banquet tickets for players)
- Welcome banner with company logo
- Sign recognition throughout event

FRIEND: \$1,000

- 4 banquet tickets
- Welcome banner with company logo
- Sign recognition throughout event

RECEPTION SPONSOR: \$1,000

- 4 banquet tickets
- Sign recognition throughout event

LUNCH SPONSOR: \$500

- Sign recognition at grill station

HOLE SPONSOR: \$100

- Sign recognition on golf course

Face It is an IRS Registered 501c3 so all donations are tax deductible as allowed by law

*Data from Centers of Disease Control